

Health Child Review: top issues & themes from October events

Theme	Theme score	Priority issues from groups' work in the mornings of events
Emotional wellbeing/ holistic approach	36	<p>The child's and young people's perspective is much more about emotional and psychological issues as they recognise this underpins everything else – so important to recognise the emotional impact through all stages of childhood e.g. friendship, moving school/home, exams. So to focus on developing support for their emotional health and wellbeing through their journey and this needs to be prioritised for each service, working holistically but with great emphasis on psychological wellbeing (training for key pros) and good interface between education and social care 'no health without mental health'</p> <p>School nurses are doing an emotional wellbeing pathway with the Tavistock</p> <p>Focus not just on the child but on the whole family - services appear to be designed around needs of institutions rather than the needs of the family – must focus on children and young people</p> <p>Spread of services across the life course – need for support as child grows and progresses</p>
Joined up working	33	<p>More joined-up working esp around transitions and safeguarding – more joined-up services = better safeguarding and better transition</p> <p>Building a community around the school e.g. GPs and other health pros connect to schools</p> <p>Continuity of services across all services</p> <p>In Tower Hamlets a multitude of people go into the schools, so it is hard for schools to know you</p> <p>Opportunity from Sept 2014 of joined up plans across education, health and social care for children and young people with SEN and requirement for 'local offer' that is clear and accessible</p> <p>Gap in support for parents regarding transitional periods for their child</p>
Information	30	<p>A lot of fantastic work going on but not getting it out to people – this needs better information provision as people need to know what's 'out there' e.g. education knowing about health. Need a map or a matrix but very difficult as different thresholds/different services make integrated working hard.</p> <p>Navigating the system for parents e.g. ref HV and school nurses roles – where to find help/overcoming stigma and barriers</p>

Peer development	23	Peer support/education/relationships – these can deal with emotional wellbeing vs physical health; enable co-production and networks; support community development and empowerment Role models in the community and ambassadors volunteering – to inspire/motivate and support other parents to be empowered to overcome challenges – peer support as important as prof support around health issues e.g. healthy active lifestyle, ensuring parents have a voice in steering groups/committees (and adequate training and support to be involved) Parents getting educated e.g. the health wisdom group
Engagement	18	Parental engagement, esp those working with children over 5 years old – working out expectations of parents and schools mutually 'meet the person where they are' ensure we capture the family voice as part of the measures – look at quality not just quantity e.g. HVs new birth visit targets: staff need the time to listen Involving young people in deciding and enacting policy Primary schools and wellbeing – engaging with parents and selling ourselves more The impenetrable language of professionals...
16-19s services	16	Crucial to provide systematic & holistic support to 16-19 group – services to this group seem to become limited 16-19 year olds need to be looked at inclusively, incl parenting and maternity for them

